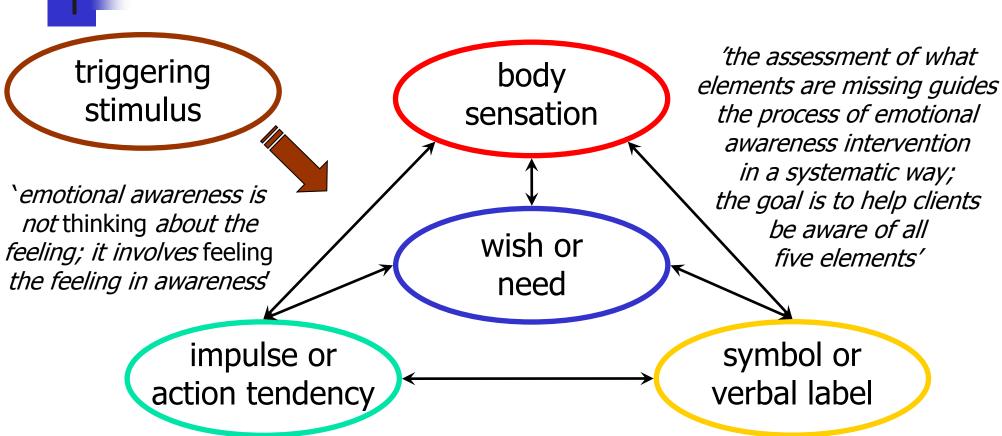


five part emotional awareness



Greenberg L. & Watson J. *Emotion-focused therapy for depression.* Washington: APA, 2005. p.79