

# Mini-SPIN

For each question, please indicate the box which best describes the degree to which you feel the statement has been true for you **in the agreed time period**. The rating scale is as follows:

0 = not at all characteristic or true of me;    1 = a little bit characteristic or true of me  
 2 = somewhat characteristic or true of me;    3 = very much characteristic or true of me  
 4 = extremely characteristic or true of me

		<i>not at all</i>	<i>a little bit</i>	<i>somewhat</i>	<i>very much</i>	<i>extremely</i>
<b>1</b>	fear of embarrassment causes me to avoid doing things or speaking to people					
<b>2</b>	I avoid activities in which I am the centre of attention					
<b>3</b>	being embarrassed or looking stupid are among my worst fears					

<i>cutoff score</i>	<i>sensitivity</i>	<i>specificity</i>	<i>ppv<sup>a</sup></i>	<i>npv<sup>a</sup></i>
4	95.1	72.0	29.8	99.2
5	92.2	83.3	40.9	98.8
<b>6</b>	88.7	90.0	52.6	98.5
7	73.5	94.5	62.5	96.6

<sup>a</sup> positive predictive value; npv, negative predictive value

Connor KM, Kobak DA, Churchill LE, et al. *Mini-SPIN: a brief screening assessment for generalized social anxiety disorder*. Depression and Anxiety 2001; 14: 137-140.