

therapy related interpersonal behaviors (trib-g) assessment

who assessed?

who assessing?

date

A. clear & positive communication					
1. clarity of expression					
not observable	0 vague	1	2	3	4 extremely clear
2. ability to present own ideas in a clear and convincing manner					
not observable	0 vague	1	2	3	4 extremely clear
B. empathy & communicative attunement					
3. capacity for careful and active listening					
not observable	0 very low	1	2	3	4 very high
4. empathy/ability to accurately perceive the emotions of others					
not observable	0 none	1	2	3	4 real understanding
C. respect & warmth					
5. general behavior towards others					
not observable	0 reserved	1	2	3	4 friendly
D. managing criticism					
6. response to contrary opinions					
not observable	0 low acceptance	1	2	3	4 high acceptance
7. response to feedback about own behavior (1)					
not observable	0 ignore	1	2	3	4 take seriously
8. response to feedback about its own behavior (2)					
not observable	0 hurt	1	2	3	4 content related
E. willingness to cooperate					
9. ability & willingness to engage with & refine the ideas of other group members					
not observable	0 low	1	2	3	4 high

total score =

Schöttke, H., et al. (2016). "Predicting psychotherapy outcome based on therapist interpersonal skills: A five-year longitudinal study of a therapist assessment protocol." Psychother Res. (online 6th January)

